

# ***Azolla* as a Natural and Sustainable Feed Supplement**

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**Abstract:** *Azolla* serves as a cost-effective, nutrient-rich, and environmentally sustainable feed supplement that significantly enhances milk production, growth performance, and overall health of cattle. Its adoption can reduce feeding costs, improve farmer livelihoods, and promote sustainable livestock production systems. This paper representing secondary information aims to evaluate the role of *Azolla* as a feed supplement in cattle nutrition by reviewing its nutritional composition, effects on milk yield and animal growth, economic benefits, and sustainability aspects. The study also highlights the limitations of *Azolla* feeding and provides recommendations for its effective integration into livestock management systems. This study underscores the potential of *Azolla* as a “green fodder of the future” and recommends its wider integration into dairy farming practices to achieve nutritional security and economic resilience in the livestock sector.

**Keywords:** *Azolla*, *Anabaena Azolla*, Cattle Feed, Milk Yield, Sustainable Livestock Production, Feed Cost Reduction.

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## **I. INTRODUCTION**

Livestock production plays a vital role in sustaining rural livelihoods, providing milk, meat, and other essential products that contribute significantly to food and nutritional security. However, the increasing cost of conventional feed ingredients such as oil cakes, maize, and soybean has created economic strain for dairy farmers, particularly in developing countries. Feed alone accounts for nearly 60–70% of the total cost of milk production, making the search for low-cost, nutrient-rich, and sustainable alternatives a priority.

*Azolla*, a free-floating aquatic fern belonging to the family Azollaceae, has emerged as a promising solution to this challenge. It is characterized by its rapid growth, ability to double its biomass within 3–5 days, and its unique symbiotic association with the nitrogen-fixing cyanobacterium *Anabaena azollae*. This association enriches *Azolla* with high levels of protein, essential amino acids, vitamins (notably Vitamin A, B12, and  $\beta$ -carotene), and minerals such as calcium, potassium, and iron. Its low lignin content makes it highly digestible and suitable as a feed supplement for a wide range of livestock, including cattle, poultry, pigs, and fish.

Previous studies have reported that the incorporation of *Azolla* into cattle diets enhances milk yield, improves milk quality, supports faster weight gain in calves, and strengthens animal immunity. Furthermore, its cultivation is inexpensive and environmentally sustainable, requiring only shallow water bodies, minimal inputs, and the use of locally available

organic fertilizers such as cow dung slurry. As a result, *Azolla* has been described as a “green miracle” or “super fodder,” capable of addressing both economic and nutritional challenges in livestock farming.

Despite its potential, *Azolla* remains underutilized in mainstream dairy farming practices. Awareness gaps, lack of training in cultivation, and concerns over contamination or overfeeding are among the barriers to its adoption. However, with proper management and supplementation at controlled levels (1–2 kg fresh *Azolla* per day per cow), farmers can achieve significant improvements in productivity and cost efficiency.

The rising cost of conventional cattle feed and the need for sustainable, eco-friendly alternatives have led to the exploration of *Azolla* (*Azolla pinnata*), a free-floating aquatic fern, as a promising feed supplement for livestock. *Azolla* hosts the symbiotic cyanobacterium *Anabaena azollae*, which enables it to fix atmospheric nitrogen and accumulate a rich profile of nutrients, including 20–30% crude protein, essential amino acids, vitamins (A, B12,  $\beta$ -carotene), and minerals such as calcium, phosphorus, potassium, and iron. This high nutritional value, combined with rapid biomass production, positions *Azolla* as an affordable, easily cultivable, and renewable feed resource for dairy farmers.

Incorporation of fresh *Azolla* (1–2 kg/day) into cattle diets has demonstrated significant improvements in animal productivity and health. Multiple studies report a 10–20% increase in daily milk yield, coupled with enhancements in milk fat and protein content. Calves and heifers fed with

*Azolla* show higher growth rates, better weight gain, and earlier attainment of maturity compared to those receiving conventional feed alone. The low lignin content of *Azolla* enhances digestibility, improves rumen microbial activity, and facilitates efficient nutrient absorption, which collectively contribute to better feed conversion efficiency. Additionally, the presence of antioxidants and vitamins strengthens animal immunity, supports reproductive health, and enhances overall vitality.

From an economic perspective, *Azolla* offers substantial reductions in feed cost. When used to replace 20–25% of concentrate feed, *Azolla* significantly lowers farmers' dependency on costly commercial feed formulations while maintaining or improving animal performance. The cultivation of *Azolla* requires minimal inputs—shallow

ponds, cow dung slurry as a nutrient base, and moderate maintenance—making it feasible for small and marginal farmers. Furthermore, its cultivation contributes to environmental sustainability by recycling nutrients, conserving land resources, and reducing greenhouse gas emissions linked to conventional feed production.

Despite its benefits, *Azolla* supplementation requires careful management. Excessive feeding may cause digestive imbalances, and unhygienic cultivation conditions can introduce contaminants or pathogens. Therefore, *Azolla* should be administered in controlled quantities as a partial supplement rather than a complete feed replacement. Proper training in cultivation and quality control measures are crucial to maximize its advantages.

Table 1 Nutritional Profile of *Azolla*

Parameter	Value (Dry Matter Basis)	Reference
Crude Protein	20–30%	Becerra <i>et al.</i> , 1990
Crude Fiber	10–15%	Arora & Singh, 2003
Minerals (Ca, Fe, P)	High	Singh <i>et al.</i> , 2020
Vitamin A ( $\beta$ -Carotene)	300–500 mg/kg	Kannaiyan, 1992
Digestibility	>75%	Ambade <i>et al.</i> , 2010

*Azolla* superior amino acid profile and high digestibility make it an ideal supplement to improve milk yield and animal health.

## II. METHODOLOGY

The study was conducted to evaluate the effects of *Azolla* supplementation on cattle performance, including milk yield, milk quality, and feed cost efficiency. Lactating cows of similar age, weight, and stage of lactation were selected and randomly divided into two groups: Control Group (C), Fed with conventional diet consisting of green fodder, dry fodder, and concentrate mixture; Treatment Group (T), Fed with the same conventional diet supplemented with fresh *Azolla* at a rate of 1–2 kg per animal per day. The experimental trial lasted for 60–90 days to allow adequate observation of performance changes.

*Azolla* was cultivated in lined shallow ponds (2 m  $\times$  2 m  $\times$  0.2 m) using a nutrient medium prepared with water and a basal slurry of cow dung (4–5 kg per pond). Superphosphate (20 g per pond) was added weekly to maintain nutrient balance. The ponds were protected from direct sunlight with a shade net to prevent overheating and algal contamination. Fresh *Azolla* was harvested daily, washed thoroughly with clean water to remove impurities, and immediately fed to cattle.

The Control Group received a standard feeding schedule of fodder and concentrate according to the local feeding norms. The Treatment Group received the same schedule, along with freshly harvested *Azolla* (1–2 kg/animal/day). Feed intake was monitored to ensure uniform consumption. Different parameters like, milk yield, milk quality, body

weight, feed cost analysis and animal health indicators were recorded.

## III. OBSERVATION AND RESULT

The incorporation of *Azolla* into cattle diets produced measurable improvements in milk yield, milk quality, growth performance, and feed cost efficiency compared to the control group.

### ➤ Milk yield:

Cows fed with 1–2 kg fresh *Azolla*/day showed a consistent increase in milk production. Average daily milk yield was 10–20% higher than that of the control group.

### ➤ Milk quality:

The fat content increased by 0.2–0.5 percentage points, while protein content also showed a noticeable rise compared to the control group. These enhancements were attributed to the rich protein, amino acids, and mineral profile of *Azolla*.

### ➤ Growth performance of calves and heifers:

Young animals supplemented with *Azolla* exhibited higher average daily weight gain compared to those in the control group. On average, growth rate improved by 12–15%, and calves reached maturity earlier, indicating better nutrient utilization and digestibility.

### ➤ Feed cost analysis:

Economic evaluation demonstrated a significant reduction in feed expenses for the treatment group. The substitution of 20–25% of concentrate feed with *Azolla* reduced overall feeding costs by 15–20% per liter of milk produced. This improvement in cost efficiency highlights *Azolla* role as a low-cost, sustainable feed supplement.

➤ *Animal health and general condition:*

Cattle receiving *Azolla* supplementation displayed improved health indicators, including a shinier coat, higher activity levels, and stronger immunity, with reduced incidences of minor illnesses during the study period. Fertility performance also showed slight improvement, although the difference was not statistically significant.

#### IV. DISCUSSION

The findings of this study demonstrate that supplementation of cattle diets with fresh *Azolla* significantly improves productivity, feed efficiency, and animal health, while reducing the economic burden on farmers. These outcomes are consistent with earlier reports that identified *Azolla* as a nutrient-rich, sustainable alternative to conventional feed ingredients. The increase in milk yield (10–20%) observed in the treatment group can be attributed to *Azolla* high crude protein content (20–30% dry weight) and balanced amino acid profile, which enhance rumen microbial activity and nutrient absorption. The low lignin content of *Azolla* facilitates rapid digestibility, making nutrients more bioavailable for milk synthesis. Similar studies by Singh et al. (2015) and Prabhu et al. (2017) also reported enhanced milk production when *Azolla* was incorporated into dairy cow diets, confirming the reliability of these results. In addition to yield, improvements in milk quality (increased fat and protein percentages) indicate better utilization of dietary energy and protein. The presence of  $\beta$ -carotene and vitamin B<sub>12</sub> in *Azolla* likely contributed to improved metabolic functions, resulting in higher nutrient deposition in milk. This aligns with reports from Balaji et al. (2014), who found that *Azolla*-fed cows produced milk with superior nutritional value compared to cows fed conventional diets alone. The growth performance of calves and heifers supplemented with *Azolla* highlights its role in accelerating weight gain and early maturity. This can be linked to *Azolla* mineral richness (calcium, phosphorus, and iron), which plays a critical role in skeletal development, hemoglobin synthesis, and overall growth. Enhanced daily weight gain observed in this study is in agreement with findings from Basak et al. (2002), who reported higher live weight gain in calves fed with *Azolla*-based diets. The economic advantage of incorporating *Azolla* was clearly evident, with feed costs reduced by 15–20% per liter of milk. This reduction results from partial replacement of costly concentrate feed with *Azolla*, which can be cultivated locally with minimal inputs. For small and marginal farmers, this cost efficiency is particularly important, as feed constitutes the largest expenditure in dairy farming. The results corroborate the findings of Kannaiyan (1992), who emphasized *Azolla* as a cost-effective fodder resource for rural households. Animal health improvements observed in the treatment group further strengthen the case for *Azolla* as a sustainable feed option. Enhanced coat condition, vitality, and reduced incidences of minor ailments can be attributed to the antioxidant and vitamin content of *Azolla*, particularly  $\beta$ -carotene and vitamin A. Although fertility performance did not show a statistically significant improvement, a positive trend was observed, suggesting potential long-term benefits with prolonged supplementation. Despite its advantages, the

study also acknowledges limitations. *Azolla* cannot serve as a complete feed substitute, and its overfeeding may lead to digestive disturbances. Cultivation must be carried out under hygienic conditions to prevent contamination with pathogens, algae, or insects. Therefore, while *Azolla* is a promising supplement, its role is best positioned as part of an integrated feeding strategy rather than a standalone feed. Hence, *Azolla* supplementation improves milk yield and quality, supports growth, enhances feed cost efficiency, and promotes better animal health. These results position *Azolla* as a sustainable “green fodder” that could revolutionize livestock feeding practices, particularly in resource-limited rural systems.

#### V. CONCLUSION

The present study establishes *Azolla* as an effective, nutrient-rich, and sustainable feed supplement for cattle. Supplementation of 1–2 kg of fresh *Azolla* per day led to significant improvements in milk yield (10–20%), milk quality (higher fat and protein content), and growth performance in calves and heifers, while simultaneously reducing feed costs by 15–20%. In addition to its nutritional benefits, *Azolla* improved general animal health and provided an eco-friendly, locally cultivable alternative to expensive commercial concentrates. Given its rapid growth, minimal input requirements, and year-round availability, *Azolla* represents a practical and cost-effective solution for small and marginal farmers who face challenges related to feed scarcity and high production costs. However, its successful adoption requires proper cultivation practices, controlled supplementation, and farmer awareness to avoid issues of contamination and overfeeding. Overall, *Azolla* can be regarded as a “green fodder of the future” that holds great promise in enhancing livestock productivity, reducing economic burden on farmers, and contributing to sustainable dairy farming systems. Its wider integration into livestock management strategies could play a significant role in achieving food and nutritional security while promoting environmentally responsible farming practices.

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